Understanding Your Options for Anti-aging and Scar Therapeutics

Do you look in the mirror and see your mom or dad? Genetics and sun exposure are the most significant factors influencing how our face ages. Without appropriate maintenance, we naturally deflate and descend. Not only aging, but acne, trauma, auto-immune diseases and surgery can all cause unwanted facial alterations. Collagen Induction Therapy (CIT) is a multi-faceted approach to combat these concerns. Dr. Cockerham looks forward to helping you achieve your goals within your budget and respecting your limits on down time.

TOPICAL THERAPEUTICS
Home: professionally prescribed regimen of vitamins, peptides, acids and most importantly, sunblock; no downtime
Office: chemical peels; growth factors paired with microneedling; downtime varies

CRYSTALS
Home: no effective options
Office: microdermabrasion; no downtime

MICRONEEDLING
Home: derma rollers: no downtime
Office: motorized skin pen; one-day downtime

INJECTION OF PRO-INFLAMMATORY MOLECULES
Home: no effective options
Office: One-week downtime
• Radiesse®: calcium hydroxyapatite
• Sculptra®: poly-L-lactic acid
• Platelet rich plasma (PRP): your blood is drawn and special growth factor stimulators are separated out using a medical centrifuge

STEM CELLS
Home: derma roller/topical stem cells: no downtime
Office: one-week downtime
• Injecting your face with fat-derived stem cells from liposuction on your neck or belly
• Transferring fat-derived stem cells from your eyelid area to your face during surgery

FRACTIONAL SKIN RESURFACING
Home: no options
Office: Opus Plasma™
• High-frequency unipolar RF energy with micro-plasma energy
• 1-2 days downtime
Office: Fractionated CO2 Laser
• 3-5 days downtime